

Bag of Love

Can you design your own bag? What colour is it going to be? What design are you going to put on it? What are you going to use your bag for?

Once you have designed and made your special bag, think about all the positive things you could put in your bag.

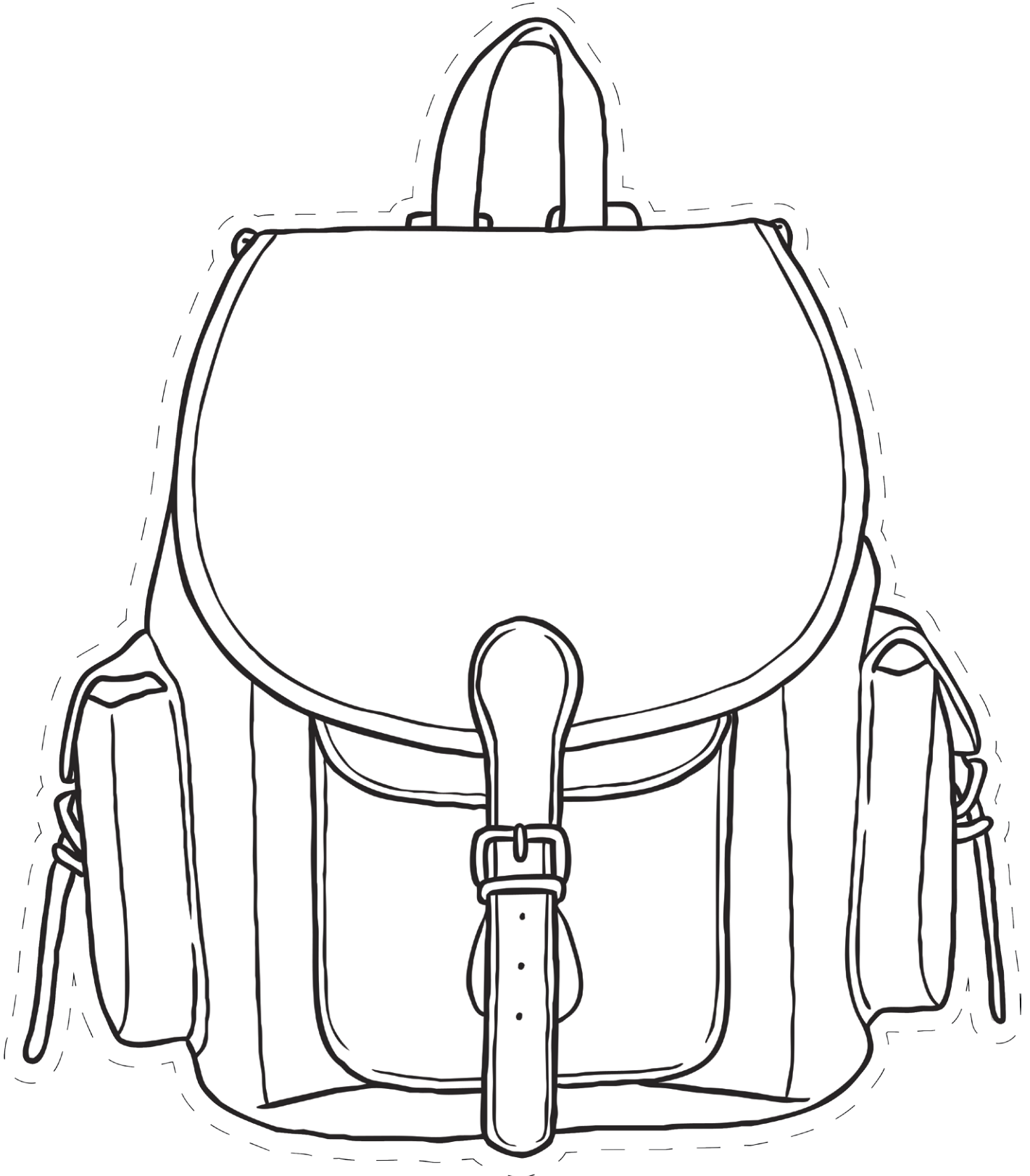
What are the things you love?

Every time you feel sad, look in your bag and think about all the positive, happy people, objects or experiences you have in your life and how much love there is around you.



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Cut out two copies of your chosen bag around the dotted lines, staple or glue the sides together and put your favourite items inside.



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